

Tigers Activity Plan | Timetable



	Sunday	Monday	Tuesday	Wednesday	Thursday
Mark Making 7:30 – 8:30	Crayons	Chalk and boards	Crayons	Coloured pencils	Pastels
Activity 1 <i>Large Rug</i> 7:30 – 8:30	Fine motor	Shape and space	Fine motor	Sorting and categorising	Fine motor
Activity 2 <i>Table top</i> 9:45 – 11:00	Painting	Messy Play	Painting	Messy Play	Painting
Activity 3 <i>Outside, Green Frog</i> 10:00-11:00	Sensory	Sensory	Sensory	Sensory	Sensory
Activity 4 <i>Y+G only, Outside</i> 11:05 – 11:30	Focused play with outside toys Gross motor development	Focused play with outside toys Gross motor development	Focused play with outside toys Gross motor development	Focused play with outside toys Gross motor development	Focused play with outside toys Gross motor development
Activity 5 <i>Outside</i> 2:30 – 3:30	Physical Development	Physical Development	Physical Development	Physical Development	Physical Development
Activity 6 <i>Table top</i> 3:15 – 3:50	Craft and making things	Heuristic Play	Malleable	Cognitive development	Small world
End of Day Activity <i>Table top or Rug</i> 4:00 – 4:30	Cutting	Music	Sticking with Pritt	Puppets	Kab Shab

Tigers Activity Plan | Week 1



	Sunday	Monday	Tuesday	Wednesday	Thursday
Mark Making 7:30 – 8:30	Crayons	Markers	Stamps	Goash markers	Chalk
Activity 1 <i>Large Rug</i> 7:30 – 8:30	Threading	Shape sorter and houses	Puzzles	Sorting textures	Unwrapping foil-wrapped resources
Activity 2 <i>Table top</i> 9:30 – 10:30	Painting with brushes	Playdough with corn flour and conditioner	Painting with things that roll	Foam	Painting with stamps
Activity 3 <i>Outside, Green Frog</i> 9:45 – 10:45	Moon sand and animals	Scooping things <i>Outside in the round white bowl with water and spoons, on the floor</i>	Filling and pouring	Leaves and Flowers	Fruits and Vegetable Washing <i>Outside in the round white bowl, on the floor</i>
Activity 4 <i>Y+G only, Outside</i> 11:05 – 11:30	Using Bimbas to follow a trail	Digging in dirt (Zebras side)	Planting seeds (melon, paprika)	Rock area, picking up and moving the rocks by colour or category	Building a wall – with big outside blocks
Activity 5 <i>Outside</i> 2:30 – 3:30	Rolling and kicking balls	Balancing on beams and benches	Jumping (including using different height platforms)	Throwing and catching balls	Climbing and Rolling
Activity 6 <i>Table top</i> 3:15 – 3:50	Car mat on the table with vehicles	Heuristic play items	Rolling and using cutters - playdough	Matching colours game	Making Shakers
End of Day Activity <i>Rug</i> 4:00 – 4:30	Instruments	Singing	Story time	Puppets	Kab Shab

Tigers Activity Plan | Week 2



	Sunday	Monday	Tuesday	Wednesday	Thursday
Mark Making 7:30 – 8:30	Crayons	Markers	Stamps	Goash markers	Chalk
Activity 1 <i>Large Rug</i> 7:30 – 8:30	Scrunching magazines and then it in small boxes	Stacking tower	Pompoms in egg cartons	Fruits and veg sorting <i>(with real fruits & veg)</i>	Scrunching newspaper
Activity 2 <i>Table top</i> 9:30 – 10:30	Painting with fingers	Shaving foam	Painting with sponges	Playdough Toilet paper, soap, lemon	Nature brushes <i>(leaves, rosemary, sticks)</i>
Activity 3 <i>Outside, White bowl</i> 9:45 – 10:45	Washing chairs with sponges	Fruit peel	Leaves and Animals	Washing babies	Exploring textures and fabrics
Activity 4 <i>Y+G only, Outside</i> 11:05 – 11:30	Building with buckets and pots	Colour hopping	Washing walls/ fence	Sweeping the floor	Mud cakes
Activity 5 <i>Outside</i> 2:30 – 3:30	Obstacle course	Rolling cylinders	Rolling and kicking balls	Stepping up and down	Jumping on ball pits
Activity 6 <i>Table top</i> 3:15 – 3:50	Playdough	Heuristic play	Playdough rolling balls	Shape matching	Animals and nature
End of Day Activity <i>Rug</i> 4:00 – 4:30	Instruments	Singing	Story time	Puppets	Kab Shab

Tigers Activity Plan | Week 3



	Sunday	Monday	Tuesday	Wednesday	Thursday
Mark Making 7:30 – 8:30	Crayons	Markers	Stamps	Goash markers	Chalks
Activity 1 <i>Large Rug</i> 7:30 – 8:30	Pompoms with toilet roles	Shape matching	Threading pipe cleaners	Sorting big and small	Puzzles
Activity 2 <i>Table top</i> 9:30 – 10:30	Printing with paint and lego	Foam play	Painting with rolling pins	Gloop	Painting with kitchen material
Activity 3 <i>Outside, Green Frog</i> 9:45 – 10:45	Toilet roles (oats, rice, beans or pom poms)	Moon sand	Flower /leave soup	Smelling smells	Fruit peel
Activity 4 <i>Y+G only, Outside</i> 11:05 – 11:30	Bean bag toss	Obstacle course with tyres	Raking mud	Building with large soft blocks <i>(from Zebras)</i>	Stepping up on stools
Activity 5 <i>Outside</i> 2:30 – 3:30	Up and over green soft play	Jumping off small stools	Rolling plastic tyres	Obstacle course	Running
Activity 6 <i>Table top</i> 3:15 – 3:50	Twisting pipe cleaners on sticks	Heuristic play	Playdough with spaghetti	Shape matching	Barn and farm animals
End of Day Activity <i>Table top or Rug</i> 4:00 – 4:30	Instruments	Singing	Story time	Puppets	Kab Shab

Tigers Activity Plan | Week 4



	Sunday	Monday	Tuesday	Wednesday	Thursday
Mark Making 7:30 – 8:30	Crayons	Markers	Stamps	Goash markers	Chalk boards
Activity 1 <i>Large Rug</i> 7:30 – 8:30	Threading straws	Stacking tower	Scrunching newspaper	Sorting colours	Pompoms in egg cartons
Activity 2 <i>Table top</i> 9:45 – 11:00	Painting with bubble wrap	Shaving foam	Painting with brushes	Playdough	Painting with animal footprints
Activity 3 <i>Outside, Green Frog</i> 10:00-11:00	Leaves and animals	Fabrics and textures	Moonsand	Sensory Walk	Polenta Play
Activity 4 <i>Y+G only, Outside</i> 11:05 – 11:30	Rocking on the seesaw	Watering the plants	Digging holes in the mud	Sorting toys	Building a road with road pieces
Activity 5 <i>Outside</i> 2:30 – 3:30	Throwing balls	Balancing on the beam	Stepping up and down	Rolling cylinders	Bimbas
Activity 6 <i>Table top</i> 3:15 – 3:50	Making necklaces and bracelets	Heuristic play	Playdough and shape cutters	Balancing blocks	Small people and dolls house furniture
End of Day Activity <i>Table top or Rug</i> 4:00 – 4:30	Instruments	Singing	Story time	Puppets	Kab Shab