



| 2/2/2020 | Sunday | Monday | Tuesday | Wednesday | Thursday |
|--------------------------|--|---|---|---|--|
| Theme | Numbers 1 - 10 | Life cycle of a plant | Evening routines at home | Tu bishvat | Healthy foods |
| Learning Intention | To become familiar 1 – 10 and say the number names in order | To know that a plant grows from a seed | To be able to recount what happens in the evening | To understand that Tu bisvat is the birthday of the trees | To understand different between healthy and unhealthy food |
| Introduction | Count the children, lay out small green baskets, with different numbers of frogs. Match the number to the quality of frogs, then ask... which basket has 3? Count to check... show the number 3 represents the amount of frogs in the basket | Cut an apple with the children, and open it to find the seeds inside. Pass the seeds around the circle for everyone to feel. Explain that a big tree grows from small seeds like this. Show the parts of a plant poster. Bring the plant from the lobby | Tell the children a 'story' about what YOU do when you get home from gan, til bed time. Ask children what they do. Use the routine cards, and put them in order on the board, describing the sequence | Ask the children when their birthday is.... Explain that every year all the trees have a birthday, its to help us count how old the trees are. Trees are good for us, they help us breathe. Sing Happy birthday to the trees | Have a cut up selection of fruits and veg. Explain these are healthy because they have vitamins and minerals our body needs. Hold up food packaging of sugary food and junk, explain why these are bad. Talk about the healthy food we have a gan, and ask children to say one thing that is 'healthy' – then they can take a piece of fruit/veg |
| Activity | <ol style="list-style-type: none"> With white board pens, practice writing numbers on the board Match the number with the picture (cards) – adult support Green baskets and frogs... write numbers in the bottom of the green baskets and invite the children to count the right number of frogs to each basket | <ol style="list-style-type: none"> Plant own seeds in pots Sequencing cards – match the cards to the board with Velcro Put seeds (sunflower or pumpkin) inside the playdough to play with | <ol style="list-style-type: none"> Pyjama matching game Bathing the baby dolls, putting the PJs on and putting them to bed Putting the girl/boy sequences cards in order on the white board | <ol style="list-style-type: none"> Tree, leaf shapes – laminated with magnets on the back – play and arrange them on the white board Matching pictures of the trees – laminated Play in the big pool paddling pool, with branches, leaves and parts of trees | <ol style="list-style-type: none"> Sorting cards – healthy and unhealthy food Sorting packaging – healthy and unhealthy food Role Play 'café' and take orders and bring 'healthy foods (set up a full café scenario) |
| Conclusion | Magnet/quantity cards. Hold up each number, and call it out with the children. Stick it on the board. Then, hold up the picture cards, and ask the children to help you put it under the right number. | Sing the song and do the dance of the trees. Show the presentation and explain the lifecycle of the plant again. | Making a glowing sensory bottle for the children (see handout) – they can help put things in. Then, sing the bedtime song, and dance! | Sing and dance the Tu Bisvat song. Look at seeds from trees. | Hold up items of food, and children shout "Healthy" or "Unhealthy". Then sing the healthy food song and dance |
| Resources to Prepare/use | <ol style="list-style-type: none"> Speaker Green baskets and counting frogs Board marker Number matching game Numerals and picture cards (magnets on the back) | <ol style="list-style-type: none"> Apple Knife and chopping board Plant from lobby Sequencing cards with board and Velcro Sunflower or pumkin seeds, and play dough Laptop or tablet and presentation | <ol style="list-style-type: none"> PJ matching game, laminated All the baby dolls from the building Bath and beds for baby dolls Bedtime sequencing cards with magnets Sensory bottle products (enough for 4 bottles, one per group) | <ol style="list-style-type: none"> Tree, leaf and shape laminated cards with magnets on the back Matching shape pictures of trees Blue paddle pool from outside penguins, filled with tree debris | <ol style="list-style-type: none"> A range of foods Food packaging Role play set – all the play food from the building Sorting cards – healthy foods |

Sunday song - <https://www.youtube.com/watch?v=85M1yxlcHpw>

Monday Song: <https://www.youtube.com/watch?v=cRhG0DqWllo>

Tuesday song: <https://www.youtube.com/watch?v=v1YjJmMvnOw>

Wednesday Song - <https://www.youtube.com/watch?v=74EciGdaKJE>

Thursday Song - <https://www.youtube.com/watch?v=q3XWjexSHH8>