



Rainbow

Day Plan and Timetables

Autumn 2021

Pandas Day Plan



- 7:30 - 8:15 - **Activity 1** on the Rug | *Fine motor, Shape, Space, Number development*
- **Marking Making** in activity area
- 8:30 – 11:15 - Garden open and free play opportunities available
- 7:45 – 8:40 - Small groups to join Crocodiles in the Sunshine room for music and dance
- 8:15 – 9:30 - Sleepers at the back half of the class
- 8:45 - 9:45 - Snack on offer
- 8:45 - 9:20 - Sunshine room in small groups
- 9:45- 11:00 **Free play and Adult led activities:**
- 9:45 – 11:00 – Nappy changes gradually in colour groups
- 9:45 – 10:45 - **Activity 2** – Painting or messy play, Table top or Floor
- 10:00 – 11:00 - **Activity 3** - Sensory Play , in the green frog - Garden
- 11:00 - 11:15 - **Circle time**
Red & Blue in the classroom and
Yellow & Green in the Rainbow Room
- 11:15 – 11:35 – **Red and Blue** – Lunch, and then sleep
- **Yellow and Green** – Garden | **Activity 4** – Focused play with outside toys
- 11:35 ish - - **Yellow and Green** Lunch, then Sleep
- From 2:00** - **Wake up, Nappy change and choosing:**
- 2:00 – 3:15 - Afternoon Snack on offer
- 2:00 – 3:50 - Outside open, and children can flow in and out
- 2:30 – 3:30 - **Activity 5** – Outside | Physical development
- 3:15 – 3:50 - **Activity 6** – Table top Activity (Adult Led)
- 3:50 – 4:00 - Tidy up time outside
- 4:05 – 4:30 Story Time in the cosy corner for children who want, free play inside continues

Crocodiles Day Plan



7:30 – 8:50 Choosing and playing | Classroom with garden from 8:30

7:45 – 8:45 **Activity 5 - Music/Dance** in the Sunshine Room - *Flow in and Out* (Pandas can join)

8:55 – 9:00 Morning meeting

	Red	Blue	Green	Yellow
9:00 – 9:15	Snack		Garden	
9:15 – 9:30	... then Freeplay – classroom with Activity 1 - Categorising		Activity 2 – Physical Development	
9:30 – 9:45	Garden		Snack	
9:45 – 10:00	Activity 2 – Physical Development		... then Freeplay – classroom with Activity 1 - Categorising	

10:00 – 11:05 NAPPY CHANGING by Colour Group (Green, Red, Blue, Yellow)

10:00 – 11:15 Choosing from Outside, **Activity 4 - Painting, Activity 6 - sensory activity**, role play & rug areas

Activity 3: Focus activity in the Sunshine Room	
10:20 – 10:40	Red Group
10:40 – 11:00	Green Group

	Red	Blue	Green	Yellow
11:15	Circle Time		Outside Play - Activity 7 – exploring outside	
11:35	Lunch		Circle Time	
11:45	Sleep		Lunch	
By 12:05 ish			Sleep	

Waking up gradually from 1:30 ish; on waking up choose from:

Cooking in the Mitbachon	
1:45 – 2:40	Groups of 5 – 8 children, for around 20 at a time

Afternoon snack (as children wake), Playdough table, outside play and carpets as spaces becoming free

2:45 – The following are added to choose from:

- **Activity 8 – Fine motor or Construction** on main carpet
- **Activity 9 – Small world adult-initiated** play – small world rug
- **Activity 10 – Craft or Skills – at the tables** (from 3pm)

Activity 3: Focus activity in the Sunshine Room	
3:00 – 3:20	Blue Group
3:40 – 4:00	Yellow Group

4:00 – Goodbye song, Story time and play baskets on rugs



Armadillos Day Plan



7:30 – 9:00 Choosing and playing from learning stations in the classroom

8:50 – 9:00 Morning meeting Classroom

	Red	Blue	Green	Yellow
9:00 – 9:20	Snack & Play	Focus Activity	Garden	
9:20 – 9:40	Focus Activity	Snack & Play	Garden	
9:40 – 10:00	Garden		Snack & Play	Focus Activity
10:00 – 10:20	Garden		Focus Activity	Snack & Play

	Red	Blue
10:20 – 11:15	Painting & Classroom choosing	
11:15 – 11:30	Circle Time	
11:30 – 11:50	Lunch	
12:00 onwards	Rest and Sleep	

	Green	Yellow
10:20 – 10:40	Cooking	Rainbow Room
10:40 – 11:00	Rainbow Room	Cooking
11:00 – 11:15	Circle time in RR	
11:15 – 11:55	Garden	
11:55 – 12:20	Lunch	
12:20 onwards	Rest and sleep	

From around 1:45 ish

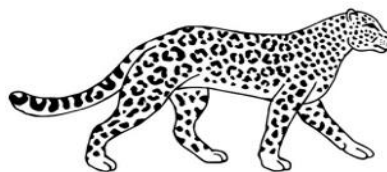
For all children: As they wake up choose from: Snack, classroom learning stations, garden and from 2-3pm choosing to go to the Rainbow Room for Music/Dance

3pm - Afternoon meeting

	Red	Blue	Green	Yellow
3:00 – 3:20	Rainbow Room	Cooking	Painting & Classroom choosing	
3:20 – 3:40	Cooking	Rainbow Room	Painting & Classroom choosing	
3:40 – 4:00	Garden			

4:00 – Shoes, and construction rugs by colour group

Leopards Day Plan



7:30 – coming in, self registration, name cards and choosing

	Red	Blue	Green	Yellow
8:30 – 8:45	Cooking	Garden	Morning Meeting	
8:45 – 9:00	Garden	Cooking	Choosing from the classrooms	
9:00 – 9:20	Garden		Cooking or continue choosing	

9:20 – 10:20	9:20	9:35	9:50	10:05
Activity Rotation				
Maths, Science or KUW Activity <i>Giraffes Classroom</i>	Red	Blue	Green	Yellow
Snack <i>Mitbachon</i>	Blue	Red	Yellow	Green
Physical Development Activity <i>Rainbow Room</i>	Green	Yellow	Red	Blue
Language Activity <i>Sunshine Room</i>	Yellow	Green	Blue	Red

10:20 – 10:45	Garden Time – Free play
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	Red	Blue	Green	Yellow
10:45	Art and Choosing (Room A)		Phonics and Choosing (Room B)	
11:15	Phonics and Choosing (Room B)		Art and Choosing (Room A)	

	Red	Blue	Green	Yellow
11:45	Circle Time		11:45	Garden
12:05	Lunch		12:05	Circle Time
12:20	Sleep and Rest		12:25	Lunch
			12:45	Sleep and Rest

From around 1:45 ish – 3:15

For all children: As they wake up choose from: Snack, classroom learning stations, Cosy corner, garden and from 2-3pm choosing to go to the Rainbow Room for Music/Dance

3:15 – Afternoon Meeting

3:20 – 4:00 – Afternoon Activity Rotation	Sun	Mon	Tue	Wed
Classroom A Story of the week, then choosing	Red	Blue	Green	Yellow
Classroom B Counting, Maths then choosing	Yellow	Red	Blue	Green
Garden Active Literacy, then free play	Green	Yellow	Red	Blue
Sunshine Room, then Mitbachon	Blue	Green	Yellow	Red

4:00 – 4:30: Home time routine!

Each colour group on a rug with a construction basket; putting on shoes, evaluating day and constructing!

Giraffes Day Plan



7:30 – 8:00	Coming in and choosing with Leopards	Leopards Classroom
8:00 – 8:45	Morning registration, name practice, preparing snack and choosing	Giraffes classroom and Mitbachon
8:45 – 9:20	Morning meeting and Snack	Maze Square
9:20 – 9:50	Red – Art and painting Blue – Role play and learning stations	Leopards Classroom
9:50 – 10:20	Blue – Art and painting Red – Role play and learning stations	Leopards Classroom

	Red	Blue
9:20 – 9:50	Art and painting – Leopards room	Role play and learning stations - Leopards
9:50 – 10:20	Role play and learning stations - Leopards	Art and painting– Leopards room
10:20 – 10:40	Planned Activity – Garden	Planned Activity – Classroom
10:40 – 11:10	Planned Activity – Classroom	Planned Activity – Garden

11:10 – 11:45	Jolly Phonics and Letters & Sounds	Classroom
11:45 – 12:05	Garden Time - Free play	Garden

	Red	Blue
12:05	Cooking	Classroom Choosing
12:25	Rainbow Room	Cooking
12:45	Lunch	Rainbow Room
1:05	Classroom choosing	Lunch

1:25 – 2:05	Park	Park
2:05 – 2:45	Quiet time –Classic music, Books, puzzles and choosing from movement and music in the RR	Classroom Small groups in RR
2:40 – 3:00	Snack	Mitbachon

	Red	Blue
3:00 – 3:20	Free play Garden	Planned Activity – Classroom
3:20 – 3:40	Planned Activity – Classroom	Free play Garden

3:40 – 4:10	Choosing from learning stations	Classroom
4:10 – 4:30	Circle Time and debriefing	Classroom



Timetable For shared areas

Rainbow Room (top floor)

Time	Group	Activity
9:20 -10:20	Leopards	Activity Rotation
10:20 – 11:00	Armadillos	Green, then Yellow - Rainbow Room time
11:00 – 11:15	Armadillos	Green and Yellow - Circle time
12:05 – 12:25	Leopards	Green and Yellow - Circle time
12:25 – 1:05	Giraffes	Red (til 12:45) then Blue group
1:05 – 2:00		
2:00 – 3:00	Shared	Armadillos, Leopards – Music and movement
3:00 – 3:40	Armadillos	Red (til 3:20) then Blue group
3:40 – 4:00		
4:00 – 4:30		

Mitbachon (Middle floor)

Time	Group	Activity
7:30 – 8:00		
8:00 – 8:30	Giraffes	Preparing snack to take out
8:30 – 9:00	Leopards	Red (til 8:45) then Blue cooking
9:00 – 9:20	Leopards	Mix of yellow and Green cooking
9:20 – 10:20	Leopards	Activity rotation: SNACK TIME
10:20 – 11:00	Armadillos	Green (til 10:40) then Yellow – Cooking
12:05 – 12:45	Giraffes	Red (til 12:25)
12:45 – 1:25	Giraffes	Lunch (in two groups)
1:45 – 2:40	Crocodiles	Cooking in small groups
2:40 – 3:00	Giraffes	Open snack available
3:00 – 3:40	Armadillos	Red (til 3:20) then Blue Cooking
3:40 – 4:00	Leopards	Different colour each day - Cooking

Sunshine Room (Ground floor)

Time	Group	Activity
7:30 – 7:45	-	-
7:45 – 8:45	Crocodiles and Pandas	Music & Dance
8:45 – 9:20	Pandas	Free physical play in small groups
9:20 – 10:20	Leopards	Language Activity Rotation
10:20 – 11:00	Crocodiles	Red then Green group Focus activity
11:00 – 11:15	Pandas	Yellow and Green Circle time
11:15 – 11:45	Crocodiles	Both Circle Times
11:45 – 2:45	Crocodiles	Sleep room
3:00 – 3:20	Crocodiles	Blue Group Focus activity
3:20 – 3:40	Leopards	Afternoon rotation
3:40 – 4:00	Crocodiles	Yellow Group Focus activity
4:05 – 4:30	Crocodiles	Stories, books and construction baskets