



Behaviour Training| Takeaways

Staff should:

- Have high expectations of children's behaviour
- Be consistent in what is required
- State positively and clearly what you want
- Support children towards self-control

Strategies to use:

- Counting down...
- Clapping or clicking
- Distraction
- Eye contact
- Proximity – position yourself close to a child
- Reassuring physical contact
- Use your tones of voices and volume
- Very clear instructions – bite size
- Key words 'focus' or 'welcome back' or 'and... listen'
- Moving a child
- Remind "Sand stays down"
- Acknowledge their feelings before setting limits "You look angry... But I can't let you hurt Tom"
- Support children to 'own' their behaviour
- Redirect or divert (offer a substitute)
- Focus on their needs -> "I can see you need to be outside, let's go down"
- Model problem solving skills
- Summarise how problems were solved for 'next time'
- Offer appropriate choices (sit in the circle or play with a puzzle quietly at the table)
- Use natural and logical consequences
- Provide opportunities for children to make amends (no saying sorry)
- Use rest baskets for children to 'cool off' – they re-join when they are ready to make the right choices