

# Zebras | Day Plan



7:30 **Coming in Activities** Free Flow, plus:

**Tables** Puzzles & Mark Making, Cutting  
**Large Rug:** Construction & Fine Motor

8:30 – Outside opens

8:50 – Morning Meeting | All children on the large rug

**Rotation Block:**

Time	Red	Blue	Green	Yellow
9:00	Activity 1 – on carpet or tables And... free flow		Focused Activity 3 – Group room	Rainbow Room Activity 2
9:20	Rolling Snack from 9:20...		Rainbow Room Activity 2	Focused Activity 3 – Group room
9:40	Focused Activity 3 – Group room (Mon, Wed)  Rainbow Room Act 2 (Sun, Tue, Thu)	Rainbow Room Activity 2 (Mon, Wed)  Focused Activity 3 Group room (Sun, Tue, Thu)	Full group snack  THEN...  Activity 1 – on carpet or tables And... free flow	

**Rotation Block 2:**

	Red and Blue	Green and Yellow
10:00	Outside Activity 6: Water/sensory/investigation	<u>Free Flow, plus:</u> <ul style="list-style-type: none"> <li>Painting (Activity 4)</li> <li>Music/Movement (Activity 5)</li> <li>Nappies</li> </ul>
10:40	<u>Free Flow, plus:</u> <ul style="list-style-type: none"> <li>Painting (Activity 4)</li> <li>Music/Movement (Activity 5)</li> <li>Nappies</li> </ul>	Outside Activity 6: Water/sensory/investigation (Til 11:30)

11:15	<b>Red and Blue</b>	Circle Time (Group room), lunch, sleep
11:30	<b>Green and Yellow</b>	Circle Time (Group room), lunch, sleep

From 2pm...  
children can go upstairs in 2's or 3's with staff, up to 16 children

Early Wakers (up to 15)	Later Wakers
Rainbow Room Physical Dev/Role Play  Mitbachon Snack, then Messy Play	<u>Free Flow, plus:</u> <ul style="list-style-type: none"> <li>Snack</li> <li>Outside play - Activity 7</li> </ul>

2:45 **Free Flow and Choosing from Adult led activities:**

- Rug – Activity 8
- Outside – Free play
- Group room – Activity 9
- Tables – Craft Activity 10

3:55 – Tidy Up Time

4:00	<b>Story Time and Diced Fruit</b>	<b>Red and Blue</b> – Large room <b>Green and Yellow</b> – Group room
------	-----------------------------------	--

Read story, eat sliced Apples, then play with two specified play baskets on the rugs