Zebras' | Adult Led Planning | Overview



	Type of Activity	Space	When	
Activity 1	Counting, sorting, Categorising	Main Carpet	9 – 10 in morning group rotation, each colour group	
Activity 2	Physical Development	Rainbow Room	9 – 10 in morning group rotation, each colour group	
Activity 3	Focused Teaching Activity	Group Room	9 – 10 in morning group rotation, each colour group	
Activity 4	Painting	Tables	10:00 – 10:40 Green and Yellow, and 10:40 – 11:10 for Red and Blue	
Activity 5	Music Movement	Group Room	10:00 – 10:40 Green and Yellow, and 10:40 – 11:10 for Red and Blue	
Activity 6	Sensory or Investigation	Outside	10:00 – 10:40 Red and Blue and 10:40 – 11:20 for Green and Yellow	
Activity 7	Exploring the outside	Outside	2:00 – 2:40 (Sun/Mon same activity and Tue/Wed same activity)	
Activity 8	Fine Motor or Construction	Main Carpet	2:45 – 3:50	
Activity 9	Small World or Language	Group Room	2:45 – 3:50	
Activity 10	Craft / Skills	Tables	2:45 – 3:50	



	Sunday	Monday	Tuesday	Wednesday	Thursday
Activity 1	Sorting objects by colour –	Does it fit?	Block play – strong focus	4 basket; sorting objects to	Empty out 3 different
	using coloured hoops	A range of containers, lids,	on counting	natural and non-natural	construction toys – sorting
		block boxes		materials	them to their sets and
					building with them
Activity 2	Climbing – using all the	Sequencing – simple	Jumping	Rolling:	Balls: Throwing, catching,
	climbing equipment and	obstacle course	On things, off things,	Mats out, forward rolling,	rolling balls of different
	bars	(supporting the children to	different heights and	backward rolls, rolling	sizes and shapes
		follow the circuit)	levels, different	across the floor, rolly polly	
			equipment, jumping song	song	
Activity 3	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity
Activity 4	Painting with brushes	Painting with sponges	Painting with hands or feet	Painting with things that	Painting based on theme of
				roll	the week
Activity 5	Ribbons and classical music	Saucepans and wooden	Musical chairs/bumps with	Singing along to children's	Holding hands group songs
		spoons from the kitchen,	pop music (dance when	songs (use speaker) in	(farmers in her den,
		drums and tambourines	the music plays, stop when	Hebrew or English, and	Netanya, ring-a-roses,
			it stops)	using the instruments	Hokey Kokey)
Activity 6	Water and Ice play	The herb garden – visiting,	Discovery bottles – lay	Play with straws in shaving	Collecting leaves from the
		watering, planting,	them all out, tip them,	foam on trays	garden and laying them
		smelling and tasting our	shake them and talk		out on the table to
		herbs	about what happens		compare
Activity 7	Lay out the road pieces	Using the stage – take the	Using the tunnel tied to	Visiting the sandpit in	Hunting for hidden toys
	and bring a big box of	dressing up box outside,	the bamboo – putting cars	groups of 3 – 4 children	and resources and
	cars help the children to	support children to 'make	in the top and collecting them in the basket at the		collecting them in the
	re-arrange the pieces of road	shows' on the stage	bottom		wheely trolley
A ativity O	Threading with beads	Bring the LARGE wooden	Wrap up many toys and	Pegging games – putting	Selection of wooden knob
Activity 8	Tilleaulig Willi beaus	blocks from the garden to	resources in silver foil for	pegs around the side of	puzzles (5 – 8) – help the
		the construction rug, add	the children to unwrap	containers	children to fit the right
		fabrics	the elimaten to unwrap	containers	pieces in the right puzzles
Activity 9	The large dolls house, and	Build a train track, and set	Set up an animal kingdom	Puppets	Heuristic Play – borrow
Activity	a range of furniture, fabric	out trains, have spare	using ALL animal pieces,	(borrow from	resources from other
	and small people	pieces of track and support	the green blocks from the	other classes also)	rooms
	, ,	children to extend	lobby, and fabric	,	
Activity 10	Glitter and Glue	Making Shakers from toilet	Cutting magazines	Collaging	Using wax crayons on silver
		rolls (using beans)	-	Using pritt stick	foil and other interesting
					surfaces



	Sunday	Monday	Tuesday	Wednesday	Thursday
Activity 1	Shapes in shapes, lots of small cut shapes, match them with big laminated shapes	A4 laminated numbers, counting objects in the right quantity to place on each number	Sorting the (real) fruit and vegetable into categories and baskets (with skin/without, sweet, savoury, big, small)	Coloured pompoms, sorting the into pots. Each pot has a "number"	Green and Yellow toys on the carpet; playing, sorting, mixing
Activity 2	Aerobics	Cooking wholemeal fruit pizza	Balls: Throwing, catching, rolling balls of different sizes and shapes	Healthy Banana cakes	Walking and crawl on Pillows
Activity 3	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity
Activity 4	Painting on Dry pasta	Painting on leaves	Painting with brushes	Printing with corks	Painting birthday cards
Activity 5	Freeze Dance	Dress up in costumes and dance	Bounce balls whilst listening to music	Play it back	Number rhymes (use green bags)
Activity 6	Gloop	Making playdough with Rosemary or Cinnamon	Water beads Sensory Play	Does it float or does it sink?	Oil and ice play
Activity 7	Visiting the sandpit in groups of 3 – 4 children	Digging in the leaves – Fill the frog with leaves, and hide things inside for the children to find as they play in the leaves	Bubbles! Fill up a green bucket with bubbles and wash things, play with bubbles, and blow bubbles	'Sweeping' Collect all the adult and child size brooms and dustpan and brushes, and set out for the children to 'sweep' the yard	Smelly Time Smelly a range of spices, rosemary and others brought in items
Activity 8	Picking up pompoms with tweezers and putting them in matching coloured pots	Threading with beads	5 fingers mark marking with wax crayons	Putting straws/ pipe cleaners into tins with holes	Filling and un-filling
Activity 9	Play Shops with the children	Heuristic Play – borrow resources from other rooms	Caring for the babies	Safari time	Picture cards (from staff room) to prompt discussion and/stories
Activity 10	Upside down drawing	Water, black paper and paint brushes	Cutting Shapes	Chalk boards	Collage

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Activity 1	How many bricks fit? Take containers of different sizes, including some with lids and see how many small blocks fit in each container	Sorting Beans and Pasta- Separating mixture of beans and rice, into egg cartons	Does it fit? A range of containers, lids, block boxes	Sorting insert block by colour	Sorting Small fabric
Activity 2	Yoga	Banana Bread	Rolling: Mats out, forward rolling, backward rolls, rolling across the floor, rolly polly song	Cooking : Flapjacks	Crawling through the tunnels
Activity 3	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity
Activity 4	Painting – Animal FootPrint	Painting – on leaves	Brushes, but with glitter inside the paint	Painting (stamping with corks, or other objects)	Painting with brushes
Activity 5	African dancing routines to music and playing drums https://www.youtube.com/watch?v=Ewqq-3xJFdl	Star Jumping to music off the wooden blocks	Body parts song with puppets (Rubbing my tummy, tweaking my ears, Happy and you know it)	Play classic music and adding drums. Use anything that can bang (spoons, saucepans, drums, boxes, plates)	Counting & Number rhymes (use green bags)
Activity 6	Ripping newspaper and putting in the water tray	Cooked spaghetti with painting and glitter	Making glitter playdough	Shaving foam and animals	Put leaves and Earth into the big frog, borrow magnified glasses from other classes, and look at the soil and leaves through the magnified glasses
Activity 7	Big green frog – twigs, pine, cones, leaves, branches inside – children climb and play	Collecting Slugs, worms or other small animals in groups of three	Visiting the sandpit in groups of 3 – 4 children	Bima Car-wash! Set up a car wash, with hop soap water, and lots of sponges! & Towels!	Outside Role Play area Adult led Role Play – make to a 'soup kitchen' to feed the homeless
Activity 8	Making shapes with piper cleaners	Pine Cone and Elastic band	Threading with beads	Using scissors provide precut shapes from magazines, place them in the middle on trays, and invite children to cut them to small pieces	Filling bottles with pompons
Activity 9	Encourage the children to choose magnets and build a story on the magnet wall	Puppets and feelings – Use puppets to talk about different feelings (sad, happy, frustrated)	Dolls house Arrange furniture, and carpets and small people	Heuristic Play – borrow resources from other rooms	10 little monkeys jumping on the bed. Set out all the sleep matrasses and cushions in the small room – and jump on them
Activity 10	Making Sock Puppets – with odd/single socks. Sticking eyes, cutting holes, adding hair	Using pastels and learning to smudge	Cutting with scissors Cutting along template lines	Chalk Boards	Stain Glass window pictures

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Activity 1	Sorting plants into their different species	Counting Dinosaurs	Sorting and categorising a range of natural objects	Sorting shapes	Counting Frogs
Activity 2	Stretching	Cooking wholemeal fruit pizza	Climbing and pulling our selves up on things	Healthy Banana cake	Throw bean bags into pots, bins or bags
Activity 3	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity	Focused Teaching Activity
Activity 4	Printing with potatoes	Painting with brushes	Painting with things that roll (cars, rolling pins, toilet rolls)	Painting with (ear) cotton buds	Hand printing with paint
Activity 5	Counting & Number rhymes (use green bags)	Circle Songs - English Farmers in her den, Going to Netanya, Ring a Roses	Circle Songs - Hebrew	Bang it out! Adult led rhythms – banging sound patterns out and pots	Ribbon dancing
Activity 6	Jelly Play – Hidden inside the jelly before it set	Playing with beans and pasta using funnels	Coloured Ice cubes	Making Playdough	Sensory play: Rice and lentil (inside the green frog)
Activity 7	Large tray of small stones, picking them up and placing then on shape mats	Large wooden block, lining up blocks in straight lines across the garden, building towers with blocks	Collecting twigs, putting in different types of jars and containers	Farm animals washing station	Visiting the sandpit in groups of 3 – 4 children
Activity 8	Threading with beads	Passing straws between the holes (made in the toilet paper)	Passing strings inside the pasta (glued in cardboards)	Pompom whisk	Spider Web (using tweezers in between a yarn try pull up the spiders)
Activity 9	Working in the office (Borrow extra office stuff from Lions)	Animal kingdom	Heuristic Play – borrow resources from other rooms	Building a cave with fabrics	Shape sorters – using the velcro shapes
Activity 10	Egg cartoon craft	Making Sensory bottles	Stamping	Ripping Magazine	Newspaper hats