

# Zebras' Day Plan



7:30

**Coming in Activities**

Free Flow, plus:

**Tables**

Puzzles & Mark Making,  
Cutting

**Large Rug:**

Construction & Fine Motor

8:30 – Outside opens

## Rotation Block 1

Time	Red	Blue	Green	Yellow
9:00	Main Carpet – Activity 1	Snack	Focused Activity 3 – Group room	Rainbow Room Activity 2
9:20	Snack	Main Carpet – Activity 1	Rainbow Room Activity 2	Focused Activity 3 – Group room
9:40	Rainbow Room Act 2 (Mon, Wed)  Focused Activity 3 – Group room (Sun, Tue, Thu)	Focused Activity 3 – Group room (Mon, Wed)  Rainbow Room 2 (Sun, Tue, Thu)	Snack  THEN...  Main Carpet – Activity 1	Main Carpet – Activity 1 THEN...  Snack

## Rotation Block 2:

	Red and Blue	Green and Yellow
10:00	<b>Outside</b> Activity 6: Water/sensory/investigation	<b>Free Flow, plus:</b> <ul style="list-style-type: none"> <li>• Painting (Activity 4)</li> <li>• Music/Movement (Activity 5)</li> <li>• Nappies</li> </ul>
10:40	<b>Free Flow, plus:</b> <ul style="list-style-type: none"> <li>• Painting (Activity 4)</li> <li>• Music/Movement (Activity 5)</li> <li>• Nappies</li> </ul>	<b>Outside</b> Activity 6: Water/sensory/investigation (Til 11:30)

11:15	<b>Red and Blue</b>	Circle Time (Group room), lunch, sleep
11:30	<b>Green and Yellow</b>	Circle Time (Group room), lunch, sleep

2:00	Red and Blue	Green and Yellow
Sunday Tuesday Thursday	<b>Rainbow Room</b> Physical Dev/Role Play  <b>Mitbachon</b> Snack, then Messy Play	<b>Free Flow, plus:</b> <ul style="list-style-type: none"> <li>• Snack</li> <li>• Outside play - Activity 7</li> </ul>
Monday Wednesday	<b>Free Flow, plus:</b> <ul style="list-style-type: none"> <li>• Snack</li> <li>• Outside play – Activity 7</li> </ul>	<b>Rainbow Room</b> Physical Dev/Role Play  <b>Mitbachon</b> Snack, then Messy Play

2:45

**Free Flow and Choosing from Adult led activities:**

- Rug – Activity 8
- Outside – Free play
- Group room – Activity 9
- Tables – Craft Activity 10

3:50 – Tidy Up Time

4:00	<b>Story Time and Dried Fruit</b>	<b>Red and Blue</b> – Large room <b>Green and Yellow</b> – Group room
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