## Changing Nappies

| 1 | Wash your hands |  |
| :---: | :---: | :---: |
| 2 | Place the child's own changing mat on top of ours | $\star$ |
| 3 | Bring everything you need from the child's tray to the changing table |  |
| 4 | Bring the child up to the table, and change them per their own preferences |  |
| 5 | Talk to the child whilst changing them, and provide commentary |  |
| 6 | Check if the child also needs clean clothes whilst you change them |  |
| 7 | Take the child down, and resettle them in an activity or area of play |  |
| 8 | Put the child's things back in their tray | TIDY UP |
| 9 | Wash your hands again! |  |

