


	Sunday	Monday	Tuesday	Wednesday	Thursday
Activity 1 (Art Room)	Modelling faces with different emotions, using play dough		Play classical music for the children and get them to paint in silence. Feeling the music.	Emotions masks: choose an emotion and make a paper plate mask with the emotion on it (angry mask, sad mask, happy mask)	Paint a feeling. Free painting with choice of colors. Name the feeling of the picture when dry.
Activity 2 (Language Lab)	Letter of the week: P	Hebrew story: ' Mr Men', a story about all sorts of emotions	Different emotions discussion and acting out	Hebrew letter of the week	Singing emotion songs
Activity 3 (Maths/Science room)	Estimation game: how many objects are in the bucket? Count them to see who made the best guess	Feelings Chart: Make a feelings chart with the children: How do you feel today? Get the children to place their name next to the emotion.	Making different objects with the pentagram shapes	Patterning: 12121212 and 11221122 using colour, shapes and figures	3D building with the magnet tiles
Activity 4 (Gym)	Kicking balls	Dancing with scarves	Rolling and catching balls	Freeze dance	Moving throughout the space like different animals
Activity 5 Cooking	Banana bread	Oat balls	Tahini cookies	Oat balls	Challah
Circle time	Guess my emotion drama game.	Guess the word: Singing familiar songs and leaving out words.	Emotion discussion: pick a card and talk about what can make you feel this way	Guess my emotion drama game.	Me and my emotions discussion

