Activity Plan 5th	November 2017	Theme:	Opposites		Letter of the week: o
	Sunday	Monday	Tuesday	Wednesday	Thursday
Activity 1 (Art Room)	Happy and sad: Making faces from all kinds of materials.	Left and right: Drawing around our left and right hands	Stop and go: Making batons with Lollypop sticks and coloured paper.	Day and night: Making 2 pictures, one using light colors for the day and one using dark colours for the night	Underneath and on top: Drawing on paper stuck under and on top of the table.
Activity 2 (Language Lab)	Opposites: Matching the opposites with each other	English letter of the week: O	Focused reading: Stories with rhymes	Hebrew letter of the week	Opposites: Matching the opposites with each other
Activity 3 (Maths/Science room)	Drying vegetables and see what happens every day	Sorting objects that are opposites: big/small, thick/thin,	Sweet and Sour: Tasting tray	Sink and float Discovering which objects float and sink.	Wet and dry: Categorizing: Sand, water, rice, beans, tomatoes, salt, sugar,
Activity 4 (Gym)	Fast and slow: Running Hopping Jumping dancing	Over and under: Building an obstacle course. Climbing over and under.	Stop and go: Running races. Red light = stop. Green light = slow	In and out: Moving around the space with hoops on the ground, going around the hoops. When I say in, you go stand in the hoop.	Fast and slow: Dancing to fast music and slow music
Activity 5 Cooking	Oat balls	Courgette muffins	Tahini cookies	Banana bread	Challah
Circle time	Opposites discussion	Hebrew singing circle	Instruments: making fast and slow music	English singing circle	Drama: acting out different opposites