



Preschool Activity Plan | Timetable



	P1	P2	Sunday	Monday	Tuesday	Wednesday	Thursday
Activity 1	8:00	9:10	Fine motor	Numbers or Shapes	Sorting and categorising	Fine manipulative	Hand eye co-ordination
Activity 2	9:15	8:00	Painting	Painting	Painting	Painting	Painting
Activity 3	9:15	10:30	Design Technology Making/Craft	Cooking	Science and investigation	Cooking	Cooking Challah
Activity 4	10:30	9:10	Dance or Movement	Role Play, Drama or guided imaginative	Nature and the natural world	Music	Design Technology Making/Craft
Activity 5	2:35	2:35	Mark Making: Chalk boards	Mark Making: Crayons and paper	Mark Making: Dry wipe boards	Mark Making: Water, black paper and paint brushes	Mark Making: Crayons and paper
Activity 6	3:05	3:30	Making Playdough	Messy/Sensory	Messy/Sensory	Big Pool Filler	Messy/Sensory
Activity 7	3:30	9:45	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based
Craft Skills	2:35	3:30	Cutting	Sticking	Glitter	Cutting	Sticking
Gross Motor	11:00	11:25	Rolling and upside down	Climbing	Kicking and jumping	Throwing and catching	Balancing

Pine/Garden, Oak, Both classrooms

September 2017



Preschool Activity Plan | Week 1



	P1	P2	Sunday	Monday	Tuesday	Wednesday	Thursday
Activity 1	8:00	9:10	Threading	Counting Use sets of objects, pots and dice	Use a selection of objects to categorise into colours Finding all the red /blue thing	Pegging <i>Pegging pegs around the sides of bowls</i>	Does it fit – a range of objects and different containers with different size shape holes
Activity 2	9:15	8:00	Painting on newspaper	Painting on dry uncooked pasta	Painting with fingers	Painting with cars	Painting with corks (printing)
Activity 3	9:15	10:30	Making Musical Instruments: Shakers, Pots, paper towel rolls, drums	Cooking: Banana Bread	Bubbles! Fill up a green bucket with bubbles and wash things, play with bubbles, and blow bubbles!	Cooking: Carrot cake muffins	Cooking Challah
Activity 4	10:30	9:10	Ribbon and Fabric Dancing Clear the space and play classic music, children dance/move with ribbons and fabrics	Sock puppets Wearing socks on hands, giving the socks a name, a voice, asking/answering questions	Digging in the Leaves Fill the frog with leaves, and hide things in side for the children to find as they play in the leaves	Using the rhythm sticks and own made musical instruments to tap back a rhythm	Making pasta necklaces with the painted pasta from previous days (treading onto strings, adding glitter, counting)
Activity 5	2:35	2:35	Mark Making: Chalk boards	Mark Making: Crayons and paper	Mark Making: Dry wipe boards	Mark Making: Water, black paper and paint brushes	Mark Making: Crayons and paper
Activity 6	3:05	3:30	Glitter Playdough Mix glitter & black food colouring in with the dough	Messy Play: Cooked Spaghetti with food colouring, on trays at the table	Messy Play: Play with with straws in Shaving foam on trays	Big Pool Filler Dried painted pasta (from Monday's painting activity)	Messy/Sensory Canned baked beans; mixing, emptying filling, squishing
Activity 7	3:30	9:45	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based
Craft Skills	2:35	3:30	Cutting	Sticking	Glitter	Cutting	Sticking
Gross Motor	11:00	11:25	Rolling and upside down	Climbing	Kicking and jumping	Throwing and catching	Balancing

Pine/Garden, Oak, Both classrooms

September 2017



Preschool Activity Plan | Week 2



	P1	P2	Sunday	Monday	Tuesday	Wednesday	Thursday
Activity 1	8:00	9:10	Threading	Coloured pompoms, - sorting them into pots. Each pot has a 'number' on them	Sorting coins into denominations, currencies etc	Magnets – encourage ch. To choose magnets and build a story on the magnet wall	Hand-eye co-ordination: Putting straws/pipe cleaners into tins with holes
Activity 2	9:15	8:00	Painting – with potatoes (printing)	Painting – without paint, using wet tea bags	Painting – Animal footprints	Painting – Brushes, but with glitter inside the paint	Painting – painting on leaves
Activity 3	9:15	10:30	Model making – sticking 'junk modelling' items together (bottles, boxes, packaging)	Cooking Healthy Banana cakes Recipe on staff portal	Washing things The 'cleaning' quality of water. Choosing different toys/dolls to wash in large tubs of soapy water	Cooking Party Penguins Recipe on staff portal	Cooking Challah
Activity 4	10:30	9:10	Star Jumping to music off of the wooden blocks	Body Parts songs with the puppets – difference voices (Rubbing my tummy, Tweaking my ears, Happy and you know it...)	Big green frog – twigs, pine cones, leaves, branches inside – children climb in and play	Playing classical music and adding drums. Use 'anything' that can bang (spoons, saucepans, drums, boxes, plates)	Make Pine cone/Nature bottles Create 'explore' bottles from nature items.
Activity 5	2:35	2:35	Mark Making: Chalk boards	Mark Making: Crayons and paper	Mark Making: Dry wipe boards	Mark Making: Water, black paper and paint brushes	Mark Making: Crayons and paper
Activity 6	3:05	3:30	Making Playdough with Rosemary or cinnamon in	Soapy Slime Make soapy colourful larva for the children to play with!	Oil and Water – Under the sea play. 4 Green drawers with different consistencies and sea creatures (at tables)	Coloured Rice and Dry (uncooked pasta) In the frog	Sensory Play: Water beads on trays
Activity 7	3:30	9:45	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based
Craft Skills	2:35	3:30	Cutting	Sticking	Glitter	Cutting	Sticking
Gross Motor	11:00	11:25	Rolling and upside down	Climbing	Kicking and jumping	Throwing and catching	Balancing

Pine/Garden, Oak, Both classrooms



Preschool Activity Plan | Week 3



	P1	P2	Sunday	Monday	Tuesday	Wednesday	Thursday
Activity 1	8:00	9:10	Threading	A4 laminated numbers, counting objects in the right quantity to place on each number	Sorting coloured straws (on trays, in boxes, with holes, different containers)	Picking up pompoms with tweezers, and placing them in egg cartons	How many bricks fit? Take containers of different sizes, including some with lids (around 10 – 15) and see how many small blocks fit in each container
Activity 2	9:15	8:00	Painting – Brushes and paper	Painting – Things that roll	Painting – dot painting with cotton (ear) buds	Painting – Using Sponges	Painting – Foot printing, walking over large roll of paper
Activity 3	9:15	10:30	Making Rainbow Plastic bottles (water/Oily Glitter)	Cooking wholemeal fruit pizza Recipe on staff portal	Does it float or sink (trying out a range of items in the green pales)	Cooking Pumpkin Bread Recipe on staff portal	Cooking Challah
Activity 4	10:30	9:10	Traditional dance routines to music Agadoo, I am the music man – see link on staff portal	Playing Shops with the children. Prepare a ‘shop’ space, things to buy, add prices and a till; take part in the role play	Collecting Slugs , worms or other small animals in groups of three...	Elastic band instruments See staff portal	Mark marking on tin foil , using a range of marking tools. Cover full table with foil
Activity 5	2:35	2:35	Mark Making: Chalk boards	Mark Making: Crayons and paper	Mark Making: Dry wipe boards	Mark Making: Water, black paper and paint brushes	Mark Making: Crayons and paper
Activity 6	3:05	3:30	Making Playdough – with uncooked rice (Spiky Playdough)	Icy Hands (latex gloves with water and food colouring and freeze beforehand)	Rainbow Soap Bubbles in green buckets see link on staff portal	Rice and Lentils play in the big climb in container	Ripping newspaper and putting in the water tray: feeling the textures and noticing the change of state
Activity 7	3:30	9:45	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based
Craft Skills	2:35	3:30	Cutting	Sticking	Glitter	Cutting	Sticking
Gross Motor	11:00	11:25	Rolling and upside down	Climbing	Kicking and jumping	Throwing and catching	Balancing



Preschool Activity Plan | Week 4



	P1	P2	Sunday	Monday	Tuesday	Wednesday	Thursday
Activity 1	8:00	9:10	Large tray of small stone, picking them up, and placing them on shape mats (eg letters or numbers)	Shape in shapes Lots of small cut up shapes, match them with big laminated shapes. Ext: How many can fit in, without overlapping?	Sorting small fabric Empty a large bag of small fabric, and sort/categorise with the children. Colours, sizes, texture etc	Wrapping wooden building blocks in foil, making sure all the sides are covered	Threading
Activity 2	9:15	8:00	Painting (printing) circle with tin cans	Painting/printing with lego pieces	Painting on cardboard boxes that the vegetables are delivered in	Painting with thin brushes on paper	Painting with hands / printing
Activity 3	9:15	10:30	Design Technology Making/Craft	Cooking Flapjacks <i>See recipe on staff portal</i>	Coloured Ice cubes. Melting the ice in small bols and	Cooking Pea Pesto <i>See recipe on staff portal</i>	Cooking Challah
Activity 4	10:30	9:10	Aerobics Practitioner stretching and dancing to music for children to imitate	Caring for the baby dolls Changing nappies, washing them, putting them to sleep	Sorting and categorising a range of nature objects (leaves, twigs, bugs) Make Nature faces also	Play it back! Using music instruments, children will 'return' the beat (boom, boom, boom-boom)	Craft: Stain glass windows
Activity 5	2:35	2:35	Mark Making: Chalk boards	Mark Making: Crayons and paper	Mark Making: Dry wipe boards	Mark Making: Water, black paper and paint brushes	Mark Making: Crayons and paper
Activity 6	3:05	3:30	Making Playdough – different colour sets, using food colouring (black, green, red)	Oats and flour play, slowing adding water throughout the activity	Jelly Play Things hidden inside the jelly before it set	Beans and pasta play, using funnels	Messy Play Gloop and Glitter
Activity 7	3:30	9:45	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based	Situated Learning, Spontaneous or Theme based
Craft Skills	2:35	3:30	Cutting	Sticking	Glitter	Cutting	Sticking
Gross Motor	11:00	11:25	Rolling and upside down	Climbing	Kicking and jumping	Throwing and catching	Balancing