**Preschool**

**Pe: Games**

* Football
* Basketball
* Tennis
* Throwing/ catching
* Hockey

**Gym**

* Stretching
* Rolling
* Yoga
* Balancing
* Cheerleading

Role play

* Office
* Coffee
* Supermarket
* Doctor
* Chef
* Hairdresser
* Carpenter
* School

**Physical Challenge**

* Lego: Height, Colour, Stability, Counting
* Hexagon: Timed, Colour, Shapes
* Beading: Colour, Measuring , Jewlery, Shapes
* Balls: Throwing into the basket, Rolling

**Team Challenge**

* Building: Lego, Blocks, Material: Farm Tower, City, House,

**Common Goal**

* Train track: Around the whole room
* Bowling
* Spider Web

**Logical Challenger**

* Puzzle/Foam puzzle

**Number Challenger**

* Dice: Rogue, Counting
* Necklace: Number, Adding, Subtracting
* Numbers, Jumping

**Fine Motor Activity**

* Threading with beads
* Lacing shoes
* Pipe cleaners in the colander
* Weaving
* Holding a ball on the spoon
* What fits

**Movement**

* Dancing with and without music
* Dancing with silk
* Yoga
* Jumping (over a box etc.)
* Ballet
* Partner Dancing
* Choreographed Dances

**Making Play dough**

* Glitter
* Colour- paint
* Cinnamon
* Rice
* Ptitim
* Sand
* Food Colouring
* Water Beads

**Babies**

**Messy Play**

* Shaving foam
* Glitter
* Gloop
* Slime
* Flour and boiled water
* Corn flour
* Pasta and colour
* Jelly
* Sand and oil
* Water beads
* Tapioca
* Fruit stamp

**Baby Massage**

* Electric Massage
* Balls
* Oil
* Bean Bag
* With Cloths
* Skin on skin

**Play dough**

* Colour
* Smell
* Glitter
* Pieces inside
* Shapes
* Rolling pin
* Glass
* Natural Staff

**Music**

* Singing
* Instrument
* Youtube
* Puppets
* Toy related songs
* Shaker
* Action songs

**Ice Play**

* Painting
* Shapes
* Colours
* Massive pieces
* Sitting ice
* Seeing how ice melts
* Adding salt
* Ice grapes/ fruit
* Glitter
* Ice lollies

**Outside water play**

* Shallow trays with water
* Depth of water in pans
* Coloured water
* Lemon and Orange sliced in the water
* Fishing from the water
* Washing hands and toys
* Transporting water in and out
* Showering them

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

* Ribbons and scarfs
* Dancing
* Peekaboo
* Wrapping
* In and out
* Box pulling through
* Walking
* Throwing

**Painting**

* With shapes
* Different brushes
* With sponges
* With natural materials
* Hand stamps
* Bottle, box

**Heuristic Play**

* Kitchen, milk boxes
* Coffee
* Egg boxes
* Sponge
* Rolling pin
* Plait
* Spoon
* Cup

**Babies**

**Tactile box**

* Stones
* Leaves
* Flower
* Wool
* Cotton
* Pompon’s
* Fabric

**Unwrapping**

* Silver Foil
* Create Paper
* News Paper
* Nylon
* Napkin
* Kitchen roll
* Towels
* Bubble wrap

**Magazine and newspaper play**

* Glue
* Tear
* Wrap
* Water

**Toddlers**

**T1**

**Mark Making**

* Hand prints
* Foot prints
* Stamps
* Use paintings to make caricatures
* Tin Foil prints

**Sensory**

* Coloured bread crumbs
* Scooping dried pasta
* Jello
* Fruit balls
* Frozen Vegies
* Ice with toys in
* Coloured ice
* Materials in containers for sound
* Smelling bags
* Bag with gel and sparkles
* Stepping on bubble wrap
* Tasting different food
* Step and crush grapes

**Messy play**

* Oil and ice
* Shaving cream art
* Gloop
* Water with sparkles
* Jello Play
* Hand painting
* Gloop and ice
* Glitter with salt
* Glitter with gloop
* Standing with gloop
* Use mini brush dustpan

**Painting**

* Lego
* Play cars
* Spoons
* Brushes
* Feet
* Different toys
* Apple
* Rolling pin
* Toilet paper roll
* Leaf
* Wisk
* Fingers
* Paint inside zip lock bag
* Ribbons

**Frog**

* Bubble soap water
* Rice
* Flour
* Leaves
* Straws
* Shaving cream
* Pompoms
* Strips of paper
* Lentils

**Science**

* Oil vinegar
* What sinks what floats?
* Colour mixing
* Stretch, Bend, Break, like dough, sticks
* Fill bottles with water with different amounts for them to hear differences
* Bubbles
* Tasting: Lemon, Mint, Rosemary
* Switching off lights and exploring with a flash light
* Shakes

**Large fabric play**

* Covering
* Peekaboo
* Forts
* In Green Bucket
* Sitting on and moving them

**Gross Motor**

* Rolling balls
* Walk or crawl on pillows
* Roll boll in paint
* Obstacle course to walk on
* Crawling through a tunnel
* Pillow mountain

**Dance**

* Ribbon
* Animated
* Instruments
* Different music movement
* Scarfs

**Shopping List**

* Flour
* Corn flour
* Baby oil
* Shaving cream
* Food Colouring

**T2**

**Hand eye coordination**

* Building towers
* Making bubbles
* Painting with potato’s
* Playdough making shapes

**Shape and space**

* Puzzles
* Lego
* Using Different containers
* Playdough – Cookie cutters
* Ice play
* Building a fort
* Sorting different sorts of objects into baskets
* Small sorting objects

**Threading**

* Putting big paste tubes on ribbons
* Chain of numbers
* Shoe laces
* Making holes in the paper and weave through
* Using special bead

**Colours and categories**

* Drawing
* Sorting fabrics
* Sorting vegetables or fruits

**Making Playdough**

* Different colours
* Different shapes
* Different materials
* Different patterns

**Mark Making**

* Crayons
* Chalk and small beards

**Design technology making/ Crafts**

* Making Shakers
* Filling up bottles
* Making paper airplanes
* To make paper hot

**Messy play**

* Gloop
* Flouer
* Salt
* Rice
* Shredded Lemon/ soap
* Shaving foam

**Painting**

* Brushes
* Sponges
* Lego
* Big Brushes
* Corks

**Science**

* Flash light
* Mixing Colours